

My First Teddy Bear



Pat was a pretty little girl.

She was only 5 years old.

It was very wet, windy & dark so Pat was quite sad.

She decided stay in their bedroom because of the thunder and lightning. On days like these Pat used to cuddle her Teddy Bear very tight.

Her mum was helping Pat to sort out her toys and jigsaw puzzles into their drawers, toy boxes and up onto the shelves above her bed.

Tomorrow, would be Pat's birthday. It would also be one year since the day her dad John had returned to the Spiritual World.

Pat was feeling so upset because she was missing her daddy so much!

On the bed, she kept a beautiful furry Teddy Bear named Lucky, who was always by her side, whenever she slept or was upset.

Her dad, John had given Lucky to her, the day before he had died in a car accident.

When her dad gave Lucky to her, Pat was smaller than she is now. At that time even the Teddy Bear was taller than her.

One year ago Pat's family was so happy.

Pat's dad, had given her a present of a big, brightly wrapped box and she had no idea of what could be inside.

The box was bigger than her, and it was so heavy!

She was very puzzled to know what was inside, so she asked her dad:

- "DADDY, WHAT'S INSIDE THIS BIG BOX?" "PLEASE TELL ME WHAT ARE YOU GIVING ME?"

- "*Open it and see,...*" he said.

When she finally removed the shiny wrapping and opened the big box she was so happy to see Lucky for the very first time!

- "*Oh! I am so happy!*" "*I love you so much daddy!*", she said excitedly.

Remembering that day she felt very sad and started to cry.

Her mum was trying to persuade her to sort out her stuff and separate some of the toys she didn't want any more, so she could donate them to charity.

These toys would then find a new home and make some poor children from other countries happier.

Suddenly Pat jumped up and sat on the lap of the Teddy Bear, saying to her mum:

- "Ok mummy, I don't mind giving most of my toys to the poor children. You and dad have always taught me how important is to help people who have less than us. So, I want to do what you've shown me".

Pat then started to separate the toys, dolls, small teddy bears and jigsaw puzzles, organising them all into a big box.

Suddenly, she stopped and said to her mum:

- "Mummy, please promise me you'll never throw my Lucky away?"

- "Of course I could never do that my darling!... I know how special this Teddy Bear is to you. So, I will never give it away.", said her mum.

Pat stopped crying and hugged her huge Teddy Bear "Lucky" very tight. She kissed him and started to talk to him as she used to each time she was upset.

She said:

- "Oh my dear Lucky, mummy once said to me that daddy is now living in another world called the Spiritual World. She said he is happy there, that he can often come here to see us and is watching over us all the

time. I know this is true, because I can see him in my dreams, and sometimes, I can even walk around with him. He also tells me stories like he used to when I needed to go to sleep..."

Her mum was listening to her talking to Lucky, while she was organising the chest of drawers. She stopped what she was doing, sat on a chair and called her little daughter to sit on her lap.

She said to Pat:

- "Pat, your dad is living in a very special place. However, we must carry on with our lives here. There, where he lives, in the Spiritual World, he is also carrying on with his studies and work. The only difference between us here and him there is that he doesn't have a body like ours anymore. He is a spirit with eternal life."

- Sometimes when we are missing your dad very much, we will feel sad because he is not here with us in the way we wish he could be. However we should be happy, because we will never forget him, nor will we be far from each other, as we will always be together in our thoughts, hearts and dreams, or at times when we

pray for our spiritual guardians to help us better understand our lives".

- "Tomorrow, will be a beautiful sunny day,... You will see. Tonight you will dream of your dear daddy and when you wake up tomorrow you feel very happy. You will feel that he will be sharing this happiness with you in the place he is now,..."

- "... and one day, we will all be together again."

After Pat had listened attentively to everything her mum said, she went to bed.

She fell asleep very quickly and had very nice dreams.

The next day the sun rose above the horizon. The sky was blue and the heavy clouds were far away.

- "What a beautiful day!", exclaimed Pat's mum while waking her up on her birthday.

When Pat looked out the window she was so happy!,... and said full of joy.

- *"Mummy, last night I dreamed of daddy! He was smiling at me all the time."*

- *"Wonderful!"* - exclaimed her mother. *"Come and have your breakfast, and you can tell me all about your dream".*

The End

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I am most grateful to my